

Week 1

Oakbrook Health and Rehabilitation

M	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
B F S T	<p>CHOICE OF CEREAL BLUEBERRY STREUSEL COFFEE CAKE HARD COOKED EGG SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRIED EGG CRISPY BACON TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL GRILLED HAM SLICE SCRAMBLED EGG BRAN MUFFIN BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRENCH TOAST SYRUP BUTTER SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SCRAMBLED EGG TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL BUTTERMILK PANCAKES SYRUP CRISPY BACON FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL BAKING POWDER BISCUIT LEAN SAUSAGE PATTY FRESH ORANGE SLICES FRUIT JUICE COFFEE CHOICE OF MILK</p>
N O O N	<p>ITALIAN MEATLOAF WITH HERBED PASTA WITH MARINARA SAUCE OVEN ROASTED VEGETABLES CHEESECAKE BARS COFFEE CHOICE OF MILK</p>	<p>OVEN FRIED FISH TARTAR SAUCE SEASONED POTATO WEDGES GREEN BEANS PEANUT BUTTER CANDY BAR COFFEE CHOICE OF MILK</p>	<p>SPAGHETTI &amp; MEAT SAUCE BLENDED VEGETABLES GARLIC BREAD LEMONADE PIE COFFEE CHOICE OF MILK</p>	<p>CREAMY PORK CUTLET MASHED POTATOES GRAVY SWEET GREEN PEAS SUGAR COOKIE COFFEE CHOICE OF MILK</p>	<p>GRILLED CHEESEBURGER ON BUN WITH LETTUCE/TOMATO CREAMY POTATO SALAD BAKED BEANS FRESH MELON CUP COFFEE CHOICE OF MILK</p>	<p>TURKEY POT PIE TOSSED SALAD W/ DRSG STRAWBERRY RHUBARB CRISP WHIPPED TOPPING COFFEE CHOICE OF MILK</p>	<p>BEEF TIPS &amp; GRAVY NOODLES CARROTS WHOLE GRAIN BREAD BUTTER BANANA BAR COFFEE CHOICE OF MILK</p>
E V E	<p>TANGY GARDEN VEGETABLE SOUP CRACKERS PINEAPPLE GRILLED CHEESE SANDWICH COFFEE CHOICE OF MILK</p>	<p>BBQ CHICKEN ROASTED GARLIC RED POTATOES CREAM STYLE CORN DINNER ROLL BUTTER FRESH STRAWBERRIES COFFEE CHOICE OF MILK</p>	<p>FRESH BLT SALAD WISC CHEESE SOUP ASSORTED CRACKERS FRESH GRAPES COFFEE CHOICE OF MILK</p>	<p>SLOPPY JOE ON BUN POTATO CHIPS COLESLAW LIME PEAR GELATIN COFFEE CHOICE OF MILK</p>	<p>DELI HOAGIE SANDWICH MAYO/MUSTARD MANDARIN ORANGES MIXED GREENS TOSS SALAD W DRESSING COFFEE CHOICE OF MILK</p>	<p>CHICKEN STRIPS DIPPING SAUCE STEAK FRIES ASPARAGUS WATERMELON COFFEE CHOICE OF MILK</p>	<p>HOT DOG ON BUN MACARONI SALAD WHIPPED MOUSSE GARNISHED WITH FRUIT COFFEE CHOICE OF MILK</p>

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B F S T	<p>CHOICE OF CEREAL CINNAMON ROLL CRISPY BACON FRIED EGG FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRIED EGG CHEESE SLICE AND LEAN SAUSAGE PATTY ON CROISSANT FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SCRAMBLED EGG W/ CHEESE TOAST BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SAUSAGE EGG BAKE TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SCRAMBLED EGG CINNAMON RAISIN TOAST BUTTER FRUIT CUP FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL POACHED EGG TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL WAFFLES BUTTER WITH BLUEBERRY SAUCE SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK</p>
N O O N	<p>BBQ MEATBALLS PARSLEY POTATOES CORN CARAMEL MANDARIN ORANGE CAKE COFFEE CHOICE OF MILK</p>	<p>LASAGNA ROMAINE LETTUCE W/ ITALIAN DSG GARLIC BREAD BERRY CUP WITH LEMON CREAM COFFEE CHOICE OF MILK</p>	<p>GRILLED CHICKEN BREAST SANDWICH OVEN ROASTED RED POTATOES MALIBU BLEND VEGETABLES BANANA SPLIT SUNDAE COFFEE CHOICE OF MILK MAYO</p>	<p>HOT ROAST BEEF SANDWICH MASHED POTATOES GRAVY SWEET GREEN PEAS WATERMELON COFFEE CHOICE OF MILK</p>	<p>PORK CHOP SUPREME BAKED POTATO BUTTER SOUR CREAM GREEN BEANS VANILLA PUDDING WITH PINEAPPLE RING GARNISH CHOICE OF MILK COFFEE</p>	<p>SALISBURY STEAK/MUSHROOM GUY BOILED POTATOES ROASTED VEGETABLES BREAD/BUTTER CAKE ROLL COFFEE CHOICE OF MILK</p>	<p>ROAST TURKEY &amp; GRAVY BREAD DRESSING SEASONED BABY CARROTS DINNER ROLL BUTTER ICE CREAM COFFEE CHOICE OF MILK</p>
E V E	<p>CREAMED CHICKEN OVER BISCUIT PICKLED BEETS FRESH FRUIT MEDLEY COFFEE CHOICE OF MILK</p>	<p>VEGETABLE BARLEY SOUP CRACKERS DELI HOAGIE SANDWICH HOMEMADE COOKIE COFFEE CHOICE OF MILK</p>	<p>SCALLOPED POTATOES &amp; HAM WHOLE GRAIN BREAD BUTTER PACIFIC VEGETABLE BLEND FRUITED GELATIN COFFEE CHOICE OF MILK</p>	<p>BAKED MACARONI &amp; CHEESE CHICKEN NUGGETS DIPPING SAUCE MIXED GREENS SALAD SALAD DRESSING RICE KRISPIE SQUARE COFFEE CHOICE OF MILK</p>	<p>CHILI GARNISH WITH SHREDDED CHEESE SOUR CREAM CORNBREAD BUTTER CHOCOLATE COOKIE DESSERT COFFEE CHOICE OF MILK</p>	<p>SHAVED CHICKEN BREAST SANDWICH ON WHOLE GRAIN BREAD CONFETTI PASTA SALAD PEACHES COFFEE CHOICE OF MILK</p>	<p>BACON SWISS BURG/BUN FRENCH FRIES COLESLAW SEASONAL FRESH FRUIT COFFEE CHOICE OF MILK</p>

# Week 3

# Oakbrook Health and Rehabilitation

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>B F S T</b>	<p>CHOICE OF CEREAL BAKING POWDER BISCUIT COUNTRY SAUSAGE GRAVY FRESH FRUIT CUP FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRIED EGG SMOKED BACON HASHBROWNS FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SCRAMBLED EGG FRESH DONUT FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL VEGETABLE CHEESE OMELETTE TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SOUR CREAM COFFEE BREAD CRISPY BACON BANANA HALF FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL PANCAKES BUTTER SYRUP SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRIED EGG SAUSAGE PATTY TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>
<b>N O O N</b>	<p>BONELESS PORK RIBS CHEESE MASHED POTATO BUTTERED CORN GELATIN CAKE/ WHIPPED TOPPING COFFEE CHOICE OF MILK</p>	<p>GRILLED CHICKEN BREAST MASHED POTATOES/GRAVY MIXED GREENS SALAD CHOICE OF SALAD DRESSING MINI BREADSTICK RASPBERRY SHERBET COFFEE CHOICE OF MILK</p>	<p>HERBED SIRLOIN TIP ROAST MASHED POTATOES/GRAVY WHEAT BREAD CARROTS BUTTER CHOCOLATE CREAM PIE COFFEE CHOICE OF MILK</p>	<p>CHICKEN PASTA ALFREDO STEAMED BROCCOLI FLORETS PARMESAN GARLIC TOAST LEMON CREAM CUPCAKE COFFEE CHOICE OF MILK</p>	<p>HERB BAKED FISH BAKED POTATO BUTTER SOUR CREAM CHEESE BISCUIT STEWED TOMATOES HOMEMADE COOKIE COFFEE CHOICE OF MILK</p>	<p>BAKED PORK CHOP MASHED POTATOES PORK GRAVY SWEET PEAS WHOLE WHEAT BREAD BUTTER ANGELFOOD STRAWBERRY SHORTCAKE COFFEE CHOICE OF MILK</p>	<p>BAKED HAM BAKED SWEET POTATO BUTTER ASPARAGUS CHOCOLATE CAKE/FROSTING COFFEE CHOICE OF MILK</p>
<b>E V E</b>	<p>SHAVED ROAST BEEF SANDWICH BEEF NOODLE SOUP CRACKERS SEASONAL FRESH FRUIT CREAMY FRUIT DIP COFFEE CHOICE OF MILK</p>	<p>TURKEY SWISS MELT ON WHOLE WHEAT BREAD RIVIERA VEGETABLES APRICOTS COFFEE CHOICE OF MILK</p>	<p>GRILLED HOT DOG ON BUN CHILI CON CARNE SHREDDED CHEDDAR CHEESE CANTALOUPE SLICES FUDGE BROWNIE CHOICE OF MILK COFFEE</p>	<p>BBQ PORK / BUN COTTAGE FRIES/ONIONS COLESLAW CINNAMON BAKED APPLES COFFEE CHOICE OF MILK</p>	<p>PASTA SALAD WITH HAM AND CHEESE ON LETTUCE LEAF DEVILED EGG HALVES ICE CREAM COFFEE CHOICE OF MILK</p>	<p>TOMATO BASIL SOUP GRILLED CHEESE SANDWICH CRACKERS FRESH GRAPES CHOICE OF MILK COFFEE</p>	<p>BBQ TURKEY MEATBALLS MASHED POTATOES BUTTER BLENDED VEGETABLES BLUSHING PEARS COFFEE CHOICE OF MILK</p>

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B F S T	CHOICE OF CEREAL SCRAMB EGG PATTY TOAST, WHOLE WHEAT BANANA HALF FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL SCRAMBLED EGGS/CHEESE TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL FRENCH TOAST RASPBERRY SAUCE SAUSAGE LINK ORANGE WEDGE FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL GRILLED HAM SLICE STICKY BUNS FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL FRIED EGG ON WHOLE WHEAT TOAST BUTTER PEACH SLICES FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL WHOLE WHEAT TOAST SAUSAGE & EGG BREAKFAST BAKE BUTTER ORANGE TWIST GARNISH FRUIT JUICE COFFEE CHOICE OF MILK	CHOICE OF CEREAL PANCAKES SYRUP BUTTER SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK
	CALIF BURGER/BUN WITH LETTUCE/TOMATO BAKED BEANS FRESH FRUIT ROOT BEER FLOAT COFFEE CHOICE OF MILK	CHICKEN KIEV SOUR CREAM MASHED POTATOES BUTTER CREAMED PEAS LIME CRUNCH COFFEE CHOICE OF MILK	ROAST PORK BAKED POTATO BUTTER SOUR CREAM BUTTERED CORN FRUIT MEDLEY COFFEE CHOICE OF MILK	SPAGHETTI & MEATBALLS FRESH GARDEN SALAD/DRESSING WARM GARLIC BREAD FUDGE BROWNIE COFFEE CHOICE OF MILK	FISH NUGGETS TARTAR SAUCE AU GRATIN POTATOES BU DICED BEETS WATERMELON CAKE COFFEE CHOICE OF MILK	FRIED CHICKEN GARLIC MASHED POTATO CRINKLE CUT CARROTS CAPPUCINO BARS COFFEE CHOICE OF MILK	GLAZED HAM SCALLOPED POTATOES MALIBU BLEND VEGETABLES BREAD/BUTTER PEACHES N CREAM BARS COFFEE CHOICE OF MILK
	EGG SALAD SANDWICH TURKEY DUMPLING SOUP CRACKERS CUCUMBER SLICES HONEYDEW CANTALOUPE CUP COFFEE CHOICE OF MILK	CHILI DOG ON BUN STEAK FRIES CREAMY COLESLAW PINEAPPLE TIDBITS COFFEE CHOICE OF MILK	CHICKEN SALAD ON CROISSANT CALIFORNIA BLEND VEGETABLES FRUIT PIZZA COFFEE CHOICE OF MILK	OPEN FACE HOT TURKEY WW BREAD/GRAVY MASHED POTATOES GREEN BEANS LEMON POUND CAKE COFFEE CHOICE OF MILK	CREAM OF POTATO SOUP ASSORTED CRACKERS COLD CUT SANDWICH ON WHEAT 24 HOUR FRUIT SALAD COFFEE CHOICE OF MILK	BEST EVER BBQ PORK CHOP CORNBREAD CASSEROLE STRAWBERRY MOUSSE COFFEE CHOICE OF MILK	CHOPPED BEEF STEAK WITH GRILLED ONIONS HASHBROWNS BUTTERED PEAS STRAWBERRIES (FRESH) COFFEE CHOICE OF MILK





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<b>B F S T</b>	<p>CHOICE OF CEREAL FRIED EGG TOAST, WHOLE WHEAT BACON FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SCRAMBLED EGG TOAST, WHOLE WHEAT BUTTER BANANA FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL CINNAMON RAISIN TOAST POACHED EGG SAUSAGE LINK FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL THICK FRENCH TOAST/SYRUP BACON BUTTER APPLESAUCE FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL MINI FRUIT TURNOVER FRUIT &amp; YOGURT CUP FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL SAUSAGE LINK SCRAMBLED EGG BANANA BREAD BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>	<p>CHOICE OF CEREAL FRIED EGG BREAKFAST HAM SLICE TOAST, WHOLE WHEAT BUTTER FRUIT JUICE COFFEE CHOICE OF MILK</p>
<b>N O O N</b>	<p>BEEF STROGANOFF NOODLES SEVEN LAYER SALAD SHERBET COFFEE CHOICE OF MILK</p>	<p>MEATLOAF MASHED POTATOES GRAVY ROASTED VEGETABLES BREAD &amp; BUTTER NO BAKE COOKIE COFFEE CHOICE OF MILK</p>	<p>CORNFLAKE BAKED CHICKEN GARLIC PARMESAN POTATOES SAVORY CARROTS LEMON BAR COFFEE CHOICE OF MILK</p>	<p>HAMBURGER STEAK BEEF GRAVY BAKED POTATO (HALF) BUTTER SOUR CREAM MIXED GREENS SALAD SALAD DSG OF CHOICE STRAWBERRY PIE COFFEE CHOICE OF MILK</p>	<p>TOMATO SOUP CRACKERS GRILLED CHEESE SANDWICH MIXED BERRY CUP BUTTERSCOTCH SQUARES COFFEE CHOICE OF MILK</p>	<p>OVEN ROASTED TURKEY DRESSING GRAVY BUTTERED PEAS PUDDING COFFEE CHOICE OF MILK</p>	<p>OPEN FACED BEEF SAND MASHED POTATOES WITH GRAVY STEAMED BABY CARROTS MOUNDS BARS COFFEE CHOICE OF MILK</p>
<b>E V E</b>	<p>REUBEN SANDWICH MARINATED CUCUMBERS FRUIT FLUFF COFFEE CHOICE OF MILK</p>	<p>VEGETABLE SOUP CRACKERS MINI CHEF SALAD SALAD DRESSING BREADSTICK CHERRY CRISP COFFEE CHOICE OF MILK</p>	<p>GRILL HAM/CHEESE SAND COLESLAW PINEAPPLE ICE CREAM COFFEE CHOICE OF MILK</p>	<p>QUICHE SAUSAGE LINK ORANGE WEDGES BLUEBERRY MUFFIN BUTTER COFFEE CHOICE OF MILK</p>	<p>PIZZA CASSEROLE OR PIZZA GREEN BEANS GARLIC BREAD GRAPES COFFEE CHOICE OF MILK</p>	<p>FISH SANDWICH TARTAR SAUCE POTATO SALAD TOMATOE SLICES FRUITED GELATIN COFFEE CHOICE OF MILK</p>	<p>PULLED PORK SANDWICH BAKED BEAN CASSEROLE BUTTERED CORN WATERMELON COFFEE CHOICE OF MILK</p>