

January 2019

Oakbrook Health and Rehab

Each weekday: 5-Alive
 Each weekday 12:00pm Afternoon News

Each day Music and Memory iPods available anytime
 Everyday: 1:1 Visits
 Sensory Enrichment

Each weekday 6:00pm Evening News

Sunday	Monday	Tuesday	1	Wednesday	2	Thursday	3	Friday	4	Saturday	5
		HAPPY NEW YEAR! 10:00 New Year's Trivia 11:00 Horseshoes 12:30 New Year's Bingo Party 3:00 Word Search Puzzles & Cards		10:00 Catholic Mass 10:30 Shopping 11:30 Horseshoes 12:30 Bingo 1:30 Craft Group 3:00 Aroma Massage 4:00 Exercise 5:00 Cards		9:45 Beauty Boutique 11:00 Ball Toss 12:30 Bingo 1:30 Scrapbooking 2:30 Roll a Snowman 3:30 Reflections 4:00 Exercise 5:00 Word Searches		9:45 Yahtzee 11:00 Trivia Day 12:30 Bingo 1:30 Craft Group 2:30 Sing Along 3:00 Social Hour 4:00 Exercise 4:00 RFD Polka		8:00 Variety TV Programs Cards Word Search Puzzles Checkers Reading	
Sunday	Monday	Tuesday	8	Wednesday	9	Thursday	10	Friday	11	Saturday	12
8:00 Morning News 9:30 Catholic Mass (TV) 9:45 Communion Visits 10:00 Lutheran Service (TV) 2:00 Victory Baptist Church 3:00 Word Search Puzzles	9:45 Pokeno 10:30 Aroma Massage 11:30 Horseshoes 12:30 Farkle 2:00 Bingo and Social Hour 3:15 Sing Along 4:00 Exercise	9:45 Yahtzee 10:30 Elvis Fun Facts 11:00 Visit Graceland 12:30 High Rollin Bingo 2:00 Social Hour Elvis Style 4:00 Exercise to the Beat of Elvis Tunes		9:45 Farkle 10:30 1:1 Reading 11:30 Talk and Toss 12:30 Bingo 1:30 Rosary 2:15 Scrapbooking 4:00 Exercise 5:00 Cards		9:45 Yahtzee 10:30 Aroma Massage 11:30 Horseshoes 12:30 Bingo 2:00 Crafts 3:00 Sing Along 3:15 Beauty Boutique 4:00 Exercise		9:45 Pokeno 11:00 Ball Toss 12:30 Bingo 1:30 Hot Cocoa Café 2:30 Yahtzee 3:30 Reflections 4:00 Exercise 5:00 Word Searches		8:00 Variety TV Programs Cards Word Search Puzzles Checkers Reading 2:00 Holy Assumption Church	
Sunday	Monday	Tuesday	15	Wednesday	16	Thursday	17	Friday	18	Saturday	19
8:00 Morning News 9:30 Catholic Mass (TV) 9:45 Communion Visits 10:00 Lutheran Service (TV) 10:15 Abundant Life Service 3:00 Residents Choice	9:45 Pokeno 10:30 1:1 Reading 11:30 Horseshoes 12:30 Ball Toss 2:00 Bingo and Social Hour 3:15 Sing Along 4:00 Exercise	9:45 Farkle 10:30 Bible Study 12:30 1:1 Reading 2:00 Bingo Party 3:00 Music with Rita 4:00 Exercise 5:00 Cards 6:30 Wheel of Fortune		8:30 Western Movies 10:00 Sing Along 12:30 Farkle 2:00 Scrapbooking 3:30 Exercise 4:45 Wine and Dine 6:30 Wheel of Fortune 7:30 Lions Bingo		9:45 Pokeno 11:00 Ball Toss 12:30 Bingo 1:30 Hot Cocoa Café 2:30 Roll a Snowman 3:30 Reflections 4:00 Exercise 5:00 Word Searches		9:45 Pokeno 10:30 Aroma Massage 11:00 Rosary 12:30 Bingo 2:00 Monthly Birthday Party With Wayne 3:15 Reflections 4:00 Exercise		8:00 Variety TV Programs Cards Word Search Puzzles Checkers Reading	
Sunday	Monday	Tuesday	22	Wednesday	23	Thursday	24	Friday	25	Saturday	26
8:00 Morning News 9:30 Catholic Mass (TV) 9:45 Communion Visits 10:00 Lutheran Service (TV) 2:00 Mennonite Service 3:00 Variety TV Shows	9:45 Yahtzee 10:30 Aroma Massage 11:30 Horseshoes 12:30 Farkle 2:00 Bingo and Social Hour 3:15 Beauty Boutique 4:00 Exercise	9:45 Beauty Boutique 10:30 Bible Study 11:00 Ball Toss 12:30 Bingo 1:30 Trivia 2:00 Social Hour 2:30 Resident Council 4:00 Exercise		10:00 Catholic Mass 11:00 Make a Pie 12:30 Bingo 2:00 Social Hour/ National Pie Day 3:00 Pie Trivia 4:00 Exercise 5:00 Word search		9:45 Pokeno 10:30 Aroma Massage 11:30 Tic Tac Toe 12:30 Bingo 2:00 Trivia and Social Hour 3:00 Farkle 4:00 Exercise		9:45 Farkle 10:30 1:1 Reading 11:30 Talk and Toss 12:30 Bingo 1:30 Rosary 2:15 Scrapbooking 4:00 Exercise 5:00 Cards		8:00 Variety TV Programs Cards Word Search Puzzles Checkers Reading	
Sunday	Monday	Tuesday	29	Wednesday	30	Thursday	31	Friday		Saturday	
8:00 Morning News 9:30 Catholic Mass (TV) 9:45 Communion Visits 10:00 Lutheran Service (TV) 2:30 Maple Grove Service 4:00 Residents Choice	9:45 Pokeno 10:30 Aroma Massage 11:30 Tic Tac Toe 12:30 Farkle 2:00 Bingo and Social Hour 3:15 1:1 Reading 4:00 Exercise	9:45 Farkle 10:30 Bible Study 11:00 Shopping 12:30 Bingo 1:30 Craft Group 3:00 Aroma Massage 4:00 Exercise 5:00 Cards		9:45 Pokeno 11:00 Ball Toss 12:30 Bingo 1:30 Hot Cocoa Café 2:30 Roll a Snowman 3:30 Rosary 4:00 Exercise 5:00 Word Searches		9:45 Beauty Boutique 11:00 Ball Toss 12:30 Bingo 1:30 Scrapbooking 2:30 Farkle 3:30 Reflections 4:00 Exercise 5:00 Word Searches					

*Calendar subject to change